



SAMARITAN COUNSELING CENTER
Announces a free presentation open to

Coping with Holiday Stress

With Dr. Katie Fruhauff

Date: Tuesday, December 11, 2007

Time: 7:00 PM

Come to learn about the sources of stress. Find ways to manage your worries and reclaim the holidays as an opportunity for celebration.

Samaritan Counseling Center offices (3rd floor)

Christ Church

690 Oak St.

Winnetka, IL 60093

Dr. Katie Fruhauff: 847 -475 -1805, ext. 1