

ABC's Positive Walk



PURPOSE //

- Promote positivity
- Promote walking as exercise
- Promote students working together

OBJECTIVE //

- Expand the positive vocabulary students know and are exposed to

INSTRUCTIONS //

Application

- Use this activity while out on a group walk.
- Students go through the ABC's taking turns in saying one positive word that begins with each of the letters (Amazing, Beautiful, Caring, etc.).
- Optional - Write these down and then share them with all students who participated.

Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:



@ErikasLH



@ErikasLH



erikas.lighthouse



@Erika's Lighthouse