



Say BOO to Bullying!

PURPOSE //

- Promote a more positive school culture
- Run an anti-bullying campaign

INSTRUCTIONS //

Materials

- Scissors
- Tape
- Printer Paper or Construction Paper
- Markers or Color Pencils
- Lollipops or other treats

Assembly

1. Create a sign-up sheet or Google Form document.
 - a. Have students fill out who the Ghost Gram is to and what message they want to be included on the Ghost Gram.
2. Set up a way for students around the school to sign up to send out the Ghost Grams.
3. Compile your list of students to send Ghost Grams to from the sign-up sheet or form.
4. Create the Ghost Grams using either the templates provided or by getting creative and designing your own!
5. Attach any treats to the Ghost Gram.
6. Send the Ghost Grams out!

OBJECTIVE //

- Send out Ghost Grams to students that can be delivered with both a positive message and a nice treat!

Application

- The club can set up a table at lunch or by the entrance of the school in the morning. Find a time and a place that makes sign-up convenient.
- In your sign-up sheet or form, you can either allow students to create their own message to send, or come up with a preset list of positive and anti-bullying messaging for them to choose from.
- You may want to find out the homerooms of the students you are sending the Ghost Grams to and pass them out during homeroom/advisory. Otherwise, create a clear plan for club members to pass out the Ghost Grams.



Thank you to the Empowerment Club at the Utica Academy of Science for this activity.

Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:



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