



**Erika's
Lighthouse**

Welcome to Erika's Lighthouse Staff Training



Founded in 2004

Founded in 2004 after the loss of a 14-year-old who died from her depression; it was the second suicide in the community in the same school year

Mission-driven

Dedicated to educating and raising awareness about adolescent depression, encouraging good mental health and breaking down the stigma surrounding mental health issues

Free programs, always

All programs are no cost and focus on bringing our hopeful and empowering message to schools

Evidence-informed

Published in *Advances in Social Work* in January 2019 based on an independent evaluation conducted by Michael S. Kelly, PhD, LCSW, of the Loyola University Chicago School of Social Work

OUR STORY



Erika's Lighthouse®

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OUR CORE MESSAGE



**Every student
deserves good
mental health.**



STAFF TRAINING

Part 1: Signs and Symptoms of Depression & Suicide

Part 2: Helping A Student

Part 3: Crisis Intervention



ERIKA'S LIGHTHOUSE PROGRAMS:

Tier-1

Prevention Focused & Early Identification

An Upstream Approach: Depression Education is Suicide Prevention

Building an Inclusive School Culture

*Scan this QR code to gain
access to all of Erika's
Lighthouse programs*



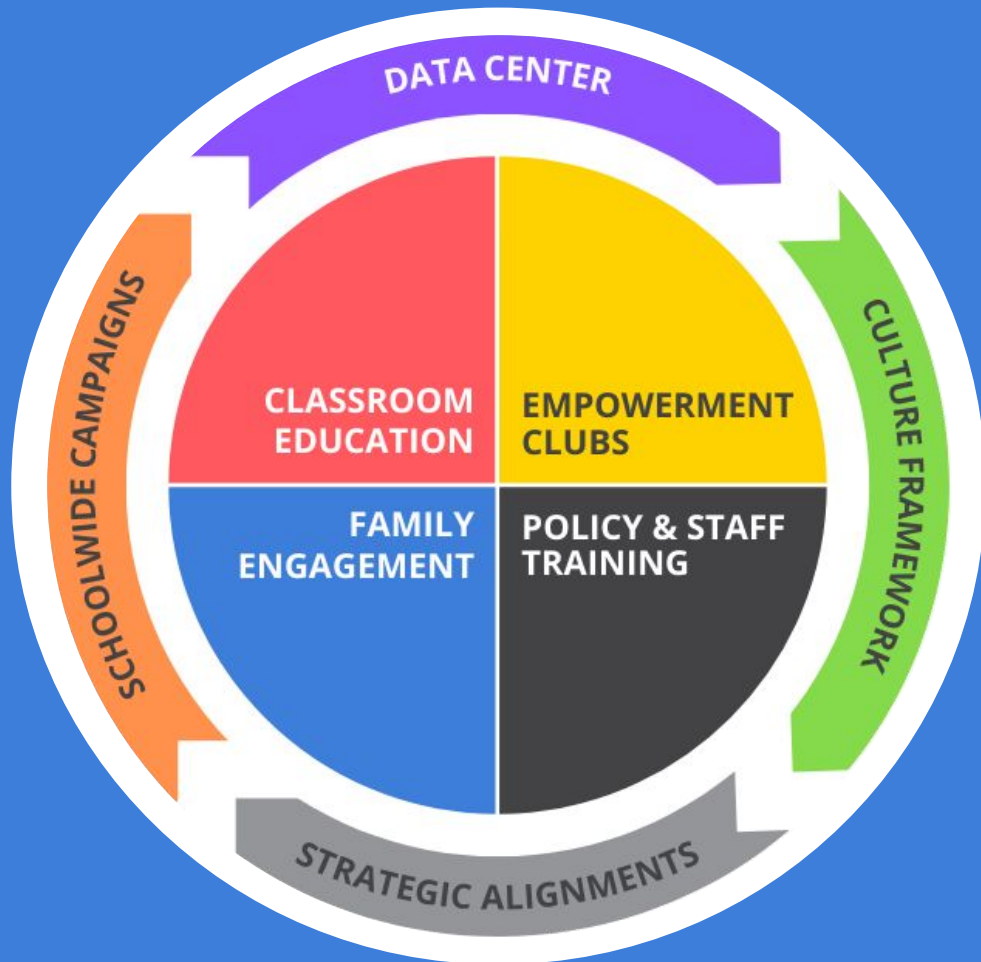
FREE PROGRAM MODEL

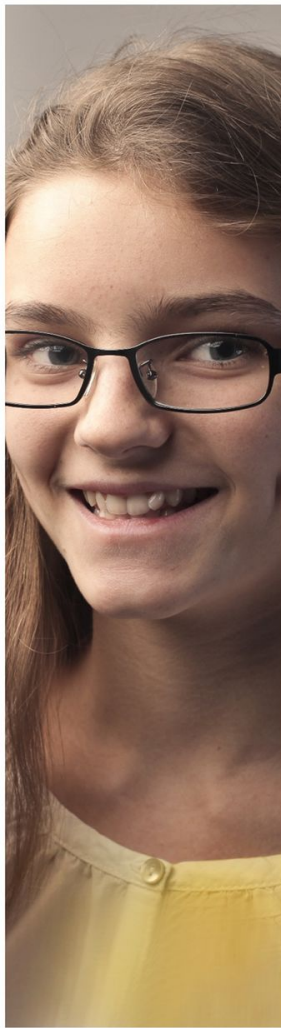
FOUR PILLARS

Classroom Education
Empowerment Clubs
Family Engagement
Policy & Staff Training

WRAPAROUND SUPPORTS

Schoolwide Campaigns
Culture Framework
Data Center
Strategic Alignments





Thank You & Enjoy the Staff Training

Program Support

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