

E. Family Engagement Evaluation

The Erika's Lighthouse Family Engagement pillar contains many resources for school communities to communicate, educate and support families. However, formal evaluation of resources is difficult. Providing a formal evaluation for the Family Workshops is the most effective measure on program effectiveness and family engagement.

Please know: The School Culture Survey should be the main driver for schoolwide program and resources effectiveness throughout a school year that impacts families and other stakeholders.

Family Engagement Evaluation Results Link (if available) All surveys request Country, State, & School Please know your school may get survey results from pre-recorded workshops available online.		Pre-Test Survey Link QR Code to Pre-Year:	Post-Test Survey Link QR Code to Pre-Year:
Questions & Responses	Purpose	Interpretation	Specific Ideas & Tools
I know how to support my young person's mental health. <ul style="list-style-type: none"> Strongly Agree Agree Disagree Strongly Disagree 	Increase Knowledge	There should be an increase in knowledge. However, this may be an introductory course introducing new vocabulary, so families may not know what they don't know prior to the lessons.	Family Bookmark
I identify as being my young person's trusted adult. <ul style="list-style-type: none"> Strongly Agree Agree Disagree Strongly Disagree 	Encourage Help-Seeking	There should be an increase in the number of adults that feel they are trusted adults. <i>If there is not an increase, consider a heavier focus on trusted adults.</i>	Intervention Language for Parents
People should talk about mental health <ul style="list-style-type: none"> Strongly Agree Agree Disagree Strongly Disagree 	Reduce Stigma	There should be a increase in this response. Students should feel more open about talking about mental health. <i>If there is no increase, consider a heavier focus on reducing stigma.</i>	Watch Family Workshop I: We All Have Mental Health and/or Family Workshop: Depression & Suicide
I feel comfortable having a conversation with my young person if I notice changes in their behavior. <ul style="list-style-type: none"> Strongly Agree Agree Disagree Strongly Disagree 	Normalize Conversations	There should be an increase in the number of responses that are comfortable talking about mental health. <i>If there is no increase, consider a stronger focus on education and talking to young people.</i>	Let's Talk: A Conversation Guide for Families
I have tools that I can use to promote good mental health habits in my home. <ul style="list-style-type: none"> Strongly Agree Agree Disagree Strongly Disagree 	Promote Good Mental Health	There should be an increase in this response. <i>If not, consider a heavier focus on positive coping mechanisms and in-home activities.</i>	Good Mental Health Plan
I feel close to people at my school.	Improve Connectedness	There should be an	Framework for Inclusive

<ul style="list-style-type: none"> • <i>Strongly Agree</i> • <i>Agree</i> • <i>Disagree</i> • <i>Strongly Disagree</i> 		<p>increase in this result. Families actively engaging with one another and school staff will build connections..</p> <p><i>This is a universal question across all surveys and evaluations and based on YRBS.</i></p>	School Culture
<p>I believe my school cares about me and my mental health.</p> <ul style="list-style-type: none"> • <i>Strongly Agree</i> • <i>Agree</i> • <i>Disagree</i> • <i>Strongly Disagree</i> 	Inclusive Culture	<p>There should be an increase in this result. Having difficult conversations can open up people's willingness to believe someone cares.</p> <p><i>This is a universal question across all surveys and evaluations.</i></p>	White Paper - Integrating Mental Health into the Whole School, Whole Community, Whole Child Model for School Health
<p>This program is important and helpful.</p> <ul style="list-style-type: none"> • <i>Strongly Agree</i> • <i>Agree</i> • <i>Disagree</i> • <i>Strongly Disagree</i> 	Program Value	<p>We would like to see many agree or strongly agree responses on this, but it is ultimately a quality control question for Erika's Lighthouse.</p>	

School Level Review	District Level Review	Cross-Survey Results
<p>Data at a school level should provide interesting insights, particularly for year over year outcomes.</p> <p>The Pre-Test survey will help you identify particular areas of strength and challenges. Erika's Lighthouse regularly hears that families may be the most resistant to mental health conversations.</p> <p>The Post-Test survey will help you see any progress you may have made through the year. Have your interventions been effective? Is there more you can do?</p>	<p>Data at a district level can provide even greater insight. While Erika's Lighthouse does not currently support district-level data as a native option, you can certainly feed the raw numbers into a spreadsheet to determine school-by-school results and the larger districts growth. If you are using multi-level, cross-school programming, results should become more pronounced over the years.</p>	<p>If your school or district is using multiple survey tools, several of the goals and questions are similar. You'll be able to track student, school, and program-based growth. This is especially true for year-over-year results. A few things that could be considered:</p> <ul style="list-style-type: none"> • Do students that complete Classroom Education have better connectedness, culture and results than the baseline average? • Do students that participate in Empowerment Clubs see better connectedness, culture and results than the baseline average? • If your school is implementing family workshops, how different are the Pre-Year results to the Post-Year? What other interventions are you leveraging with families? • If you implement staff training, are students identifying more trusted adults at school they would be willing to talk to? • Does using more pillars of Erika's Lighthouse and other programs improve culture and increase success?