# Erika's Lighthouse Official Empowerment Club Requirements



### Create a Resource Portal Account

- Club Advisors are required to have a <u>Resource Portal Account</u>.
- All materials are accessed through the Resource Portal.

#### Register your Official Empowerment Club

- Clubs must fill out the Empowerment Club Registration Form each school year.
- When naming your Empowerment Club, Official Clubs must use "Erika's Lighthouse" in your club name and any materials created. (for example: "Erika's Lighthouse + Club name of choice")

## Training Students to Be Leaders in Mental Health

- Student club members must have some mental health training.
- Erika's Lighthouse has video modules & discussion questions that can be found on the <u>Start or Manage Your Club Page</u> of the Resource Portal, under "Training Students to Be Leaders in Mental Health"
- Clubs can use what is provided OR create your own club member-led education with Erika's Lighthouse-provided slides and talking points.

## Lead at least one Awareness Into Action Activity per quarter

- Awareness into Action Activities should be shoolwide.
- Clubs can use an activity provided by Erika's Lighthouse or one created by your club.
- Awareness into Action Activities can be found on the <u>Awareness into Action</u> <u>Activities Page</u> in the Resource Portal and have activities sorted into different categories.

### Fill out the Awareness into Action Activity Report

- The Awareness into Action Activity Report is required for reimbursement.
- Upload any applicable receipts for reimbursement.
- Upload photos of the activity if you have some to show us how it went.
- Tell us what you thought of the activity and how it went.

