

Test Week Goodie Bags



PURPOSE //////////////////////////////////////

- Promote positivity
- Reduce stress during testing times
- Provide students with information of where and who to go to if they need help

INSTRUCTIONS //////////////////////////////////////

Materials

- Paper bags
- Ribbon, stickers, tape
- A pencil (giveaways)
- A lifesaver or other piece of candy
- An inspirational quote
- Piece of paper listing resources (places and people) at school that students can tap into if they need either emotional or academic support

Application

- Hand out to students during test weeks or finals week for encouragement!

Assembly

1. Put together a goodie bag for your fellow students! Popular items include:
 - A finals study tips handout to pass out with either hot chocolate (before Semester 1 finals) or lemonade (before Semester 2 finals).
 - A pencil
 - Inspirational quotes
 - Information about where to get emotional or academic support in school



Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:



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