



THE **ANYONE** PROGRAM *for Mental Health*

**Any adult.
Any youth.
Anywhere.
Anyone can be a lifeline.**

You don't need to be a doctor, a therapist, or a mental health professional to make a difference in a young person's life.
You just need to be a caring adult.

The Anyone Program is a refreshingly accessible, jargon-free suite of tools designed to empower the front lines of our communities—the camp counselors, the coaches, the youth pastors, and the mentors. We've streamlined the content to focus on what matters most: connection, mental health literacy, and help-seeking.

Who is this for?

Summer Camps
After-School Programs
Youth Sports Leagues
Martial Arts Studios
Faith-Based Youth Groups
Scouting
Arts & Community Centers
Libraries
Anywhere Youth Gather

The Four Pillars of The Anyone Program



Staff Training & Preparation

Implementation &
training support



Youth Education & Help-Seeking

Mental health literacy
& good mental health



Family Engagement

Tools, workshops
& workbooks



Culture & Awareness

Ongoing campaigns
& resources

The Anyone Program is completely free and available immediately.

Custom one-on-one implementation and support is available for your organization, or select markets, through sponsorship. Access these resources immediately.

