

What Would You Say or Do?

Situation

<p>You've been having trouble sleeping at night because you're worried about a lot of things.</p> <p>What would you do?</p>	
<p>You get angry at tiny things that used to not bother you.</p> <p>What would you do?</p>	
<p>Your friend used to work hard and be interested in school, but they're not so interested anymore.</p> <p>What would you say?</p>	
<p>Your friend's pet died last week and they seem very sad.</p> <p>What would you say?</p>	
<p>A kid in your class has been grumpy for (what seems like) no reason for a couple of weeks.</p> <p>What would you say or do?</p>	
<p>Your friend tells you that they have an overwhelming feeling of sadness and frustration and they ask you for help.</p> <p>What would you say or do?</p>	

