



**Erika's Lighthouse**

## Trusted Adults

When you hear/see the words "Trusted Adult," what words come to mind?

A Trusted Adult is someone who is reliable and dependable. Who might a trusted adult be in your life? This could be someone at school, at home, in your community.

### Home/Family



### School



### Community



If you need to speak with someone immediately, please text or call 988.  
If this is an emergency, please call 911.