



Florida

Resiliency Education, Civic and Character Education, and Life Skills



Requirements	Level I (grades 4-6)	Level II (grades 5-9)	Level III (grades 8-12)	Optional Program Additions	Staff Training
All public schools are required to provide students in grades 6-12 at least 5 hours of Resiliency Education, Civic and Character Education, and Life Skills Education each school year.	✓	✓	✓	✓	✓

Implementation

Action	Resource(s)	Location on Resource Portal
Teach the Erika's Lighthouse Curriculum	Level I, Level II, and/or Level III: 1 or 4-Day Lessons for grades 4-12	Under "Classroom Education"
Optional: Empower staff through education	Staff Training modules	Under "School Policy & Staff Development"
Optional: Add additional worksheets or resources	Quick add-ins for deeper dive	Under "Optional Program Additions"



Erika's Lighthouse Level I, II, and III Classroom Programs are listed on the [Best Practices Registry](#) from the Suicide Prevention Resource Center.